

Fish & Cow

DAGENS FISK

Spør din servitør
kr 275

KJENT & KJÆRT

GRILLET ANGUSBURGER

med vellagret ost, bacon, ketchup & fries kr 225
*GLUTEN - EGG - LAKTOSE - SULFITT - SENNEP

FRITERT KYLLINGBURGER

med kimchi, ketchup & fries kr 210
*GLUTEN - EGG - LAKTOSE - SULFITT - SENNEP

CÆSAR-SALAT

med kylling & bacon kr 185
*GLUTEN - EGG - HVETE - SENNEP - SULFITT - LAKTOSE - FISK

FISH & COWS PIZZA

Velg mellom parmaskinke & parmesan
eller spicy salami & ruccola kr 199
*GLUTEN - LAKTOSE - SULFITT

«ENGLEHÅR» PASTA

med taskekrabbe & chili kr 210
*GLUTEN - EGG - SKALLDYR - LAKTOSE

FISH & COWS FISKESUPPE

med dagens fangst kr 205
*SKALLDYR - FISK - LAKTOSE

STEAMBUN

med svineribbe, crispy grønnsaker
& sriracha kr 175
*GLUTEN - SULFITT - EGG - SENNEP

«MOULE FRITES» DAMPEDE BLÅSKJELL

med parmesanfries kr 225
*SULFITT - BLØTDYR - LAKTOSE - GLUTEN

FORRETTER

ØRRETTARTAR

med rømme, rogn, friske urter & sprø surdeig kr 165
*FISK - SULFITT - LAKTOSE - SENNEP - GLUTEN

GRATINERT KLIPPFISKBRANDADE

med piquillos, kapers, oliven & parmesan kr 165
*FISK - SULFITT - LUPIN - LAKTOSE - GLUTEN

FRANSK LØKSUPPE

med karamellisert løk, krutonger & grytere kr 145
*LAKTOSE - GLUTEN - SULFITT

HOVEDRETTER

GRILLET PIGGVARKOTELETT

med syltet løk, blomkål, epler & røkt veloutésaus .. kr 325
*FISK - SULFITT - LAKTOSE

BAKT ISHAVSRØYE

med grillet brokkolini, småpoteter & rømmesaus kr 315
*FISK - LUPIN - SULFITT - LAKTOSE

GRILLET ANDEBRYST

med persillerotkrem, beter,
grønncål & rødvinsaus kr 335
*SULFITT - LAKTOSE

GRILLET OKSE INDREFILET

med peppersaus, aspargesbønner & parmesanfries ... kr 395
*SULFITT - LAKTOSE - EGG - GLUTEN

GRILLET MØRNET ENTRECÔTE

med peppersaus, aspargesbønner & parmesanfries ... kr 395
*SULFITT - LAKTOSE - EGG - GLUTEN

DESSERTER & OST

OSTETALLERKEN

med fire modne oster, toast & noe søtt kr 145
*LAKTOSE - GLUTEN - NØTTER

SITRONTERTE

med yoghurtssorbet kr 115
*LAKTOSE - NØTTER - GLUTEN - EGG

BAKT SJOKOLADEFONDANT

med vaniljeis kr 125
*GLUTEN - EGG - LAKTOSE - NØTTER

«BAKED ALASKA»

med brent mærens & bringebær kr 125
*LAKTOSE - NØTTER - GLUTEN

Fish & Cow

TODAY'S FISH

Ask your waiter
kr 275

BELOVED CLASSICS

GRILLED ANGUS BURGER

with aged cheese, bacon, ketchup & fries kr 225
*WHEAT - EGG - MUSTARD - SULFITE - LACTOSE

FRIED CHICKEN BURGER

with kimchi, ketchup & fries kr 210
*WHEAT - EGG - MUSTARD - SULFITE - LACTOSE

CAESAR SALAD kr 185

*WHEAT - EGG - MUSTARD - SULFITE - LACTOSE - FISH

FISH & COWS PIZZA

Choose between parma ham & parmesan
or spicy salami & arugula kr 199
*LACTOSE - SULFITE - WHEAT

"ANGEL HAIR" PASTA

with brown crab & chili kr 210
*EGG - LACTOSE - SHELLFISH - WHEAT

FISH & COWS FISH SOUP

with catch of the day kr 205
*FISH - LACTOSE - SHELLFISH

STEAMBUN

with braised pork belly,
crispy vegetables & sriracha kr 175
*WHEAT - EGG - MUSTARD - SULFITE

"MOULE FRITES" - STEAMED MUSSELS

with parmesan fries kr 225
*SULFITE - LACTOSE - MOLLUSCS - GLUTEN

ENTRÉES

TROUT TARTARE

with sour cream, row, fresh herbs
& crispy sourdough kr 165
*FISH - SULFITE - LACTOSE - MUSTARD - EGG - GLUTEN

BRANDADE

with piquillos, olives, capers & parmesan kr 165
*FISH - SULFITE - LUPIN - LACTOSE - GLUTEN

FRENCH ONION SOUP

with caramelized onions, crutons & Gruyere kr 145
*LACTOSE - WHEAT - SULFITE

MAINS

TURBOT GRILLED ON THE BONE

with pickled onions, cauliflower, apple
& smoked velouté sauce kr 325
*FISH - SULFITE - LACTOSE

BAKED ARCTIC CHAR

with grilled broccolini, potatoes
& sour cream sauce kr 315
*FISH - SULFITE - LUPIN - LACTOSE

GRILLED DUCK BREAST

with parsley, root puree, beets,
kale & red wine sauce kr 335
*SULFITE - LACTOSE

GRILLED BEEF TENDERLOIN

with pepper sauce, green beans & parmesan fries kr 395
*SULFITE - LACTOSE - GLUTEN

GRILLED MATURED RIB EYE

with pepper sauce, green beans & parmesan fries kr 395
*SULFITE - LACTOSE - GLUTEN

DESSERTS & CHEESE

CHEESE PLATE

with four mature cheeses, toast & something sweet kr 145
*LACTOSE - WHEAT - NUTS

LEMON TART

with yoghurt sorbet kr 115
*LACTOSE - WHEAT - NUTS - EGGS

BAKED CHOCOLATE FONDANT

with vanilla ice cream kr 125
*WHEAT - EGG - LACTOSE - NUTS

"BAKED ALASKA"

with burned meringue & raspberries kr 125
*WHEAT - LACTOSE - NUTS