

KAFFE & TE FRA HELMER

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|----------------------------------|-------|
| FILTER | kr 38 |
| ENKEL ESPRESSO | kr 38 |
| DOBBEL ESPRESSO | kr 45 |
| AMERICANO | kr 45 |
| CAPPUCINO | kr 49 |
| CAFFE LATTE | kr 49 |
| KOFFEINFRI | kr 38 |
| EARL GREY SORT | kr 38 |
| GRØNT BLAD SENCHA | kr 38 |
| JASMINE GRØNN | kr 38 |
| SNØHETTA HVIT NEEDLE OOLONG MINT | kr 38 |
| FISTER JORDBÆR & RIPS | kr 38 |

COCKTAILS & AVEC

| | |
|-------------------------------|--------|
| TANQUARY & TONIC | KR 120 |
| HENDRICK'S & TONIC | KR 145 |
| ESPRESSOTINI | KR 115 |
| MOSCOW MULE | KR 110 |
| DRY MARTINI | KR 145 |
| APEROL SPRITZ | KR 135 |
| BAILEYS IRISH CREAM | KR 75 |
| DANIEL BOUJU VSOP COGNAC | KR 98 |
| MAROLO GRAPPA DI AMARONE 2012 | KR 130 |

FATØL

| | | |
|-----------------------|-------|--------|
| LERVIG PILSNER | 0,4 L | kr 98 |
| LERVIG LUCKY JACK APA | | kr 104 |

MÅNEDENS FATØL

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|---------------------|-------|--------|
| TRE FAT SOM SKIFTER | 0,4 L | kr 145 |
|---------------------|-------|--------|

VINER PÅ GLASS

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|-------------------------------------|--|--------|
| BOBLER | | |
| NV HENRI DOSNON CHAMPAGNE BRUT | | kr 198 |
| NV PER SUNDNES BOBLER OVER PROSECCO | | kr 135 |
| HVIT/WHITE | | |
| 2016 MEIERER RIESLING | | kr 139 |
| 2018 SEGUINOT-BORDET CHABLIS | | kr 160 |
| 2018 ALPHA ZETA SOAVE CLASSICO | | kr 120 |

RØD/RED

| | | |
|--|--|--------|
| 2017 PASSO DEL TEMPIO SYRAH (SICILIA) | | kr 135 |
| 2017 LUCIEN MUZARD BOURGOGNE ROUGE | | kr 165 |
| 2017 FÈLSINA BERARDENGA CHIANTI CLASSICO | | kr 165 |

SØT/SWEET

| | | |
|---------------------------------------|------|--------|
| 2015 MEIERER RIESLING AUSLESE (MOSEL) | 6 CL | KR 120 |
| 2008 QUINTA DO INFANTADO PORT LBV | | KR 120 |

SPØR GJERNE ETTER VÅRT STORE DRIKKEKART !

ALKOHOLFRITT

| | | |
|----------------------------------|------|-----------|
| BRUS (COCA COLA, COCACOLA ZERO) | 0,33 | KR 55 |
| GRØNVIK EPLEMOST | 0,33 | KR 55 |
| SAFTERIET DIVERSE ØKOLOGISK SAFT | 0,33 | KR 59 |
| ALKOHOLFRITT ØL | 0,33 | KR 65 |
| RICHARD JUHLIN BLANC DE BLANCS | 0,75 | KR 375/75 |
| BLUE NUN WHITE | 0,75 | KR 375/75 |
| BLUE NUN RED | 0,75 | KR 375/75 |

SNACKS & SMÅTT

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|------------------------|---------------|
| OLIVEN | kr 45 |
| MANDLER | kr 45 |
| ØLPØLSE | kr 55 |
| SPEKEFJØL LITEN | kr 250 |
| SPEKEFJØL STOR | kr 500 |

KJENT & KJÆRT

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|---|-------------------|
| GRILLET BURGER <i>vellagret ost, bacon, ketchup & fries</i> <i>(gluten, egg, laktose, sulfitt, sennep)</i> | kr 245 |
| FRITERT KYLLINGBURGER <i>kimchi, ketchup, fries</i> <i>(gluten, egg, laktose, sulfitt, sennep)</i> | kr 229 |
| CÆSARSALAT <i>kylling & bacon</i> <i>(gluten, egg, laktose, sulfitt, sennep, fisk)</i> | kr 189 |
| FISH & COWS PIZZA <i>velg mellom spekeskinke & parmesan</i> <i>eller spicy salami & ruccola</i> <i>(gluten, laktose, sulfitt)</i> | kr 199 |
| RAMEN NUDLER <i>RØKTE SVINEKNOKER, VÅRLØK & EGG</i> <i>(gluten, egg, nøtter, soya, peanøtter)</i> | kr 199 |
| FISH & COWS FISKESUPPE <i>dagens fangst</i> <i>(skalldyr, bløtdyr, fisk, laktose)</i> | kr 155/219 |
| BBQ SVINERIBBE <i>hvetelefse, kimchi & crispy grønnsaker</i> <i>(gluten, sulfitt, nøtter, egg, sennep)</i> | kr 185 |

FORRETTER

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|---|---------------|
| RØRT OKSETARTAR <i>Grønn pepper, rug & pepperrot</i> <i>(gluten, egg, sulfitt)</i> | kr 175 |
| KLIPPFISK CARPACCIO <i>Kapers, feltsalat & oliven</i> <i>(fisk, sulfitt)</i> | kr 199 |
| KREMET SOPPSUPPE <i>Røkt kamskjell & østerssopp</i> <i>(laktose, selleri, bløtdyr)</i> | kr 185 |

HOVEDRETTER

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|--|---------------|
| DAGENS BIFANGST <i>Selleripure, brokkolini & skalldyrsaus</i> <i>(fisk, bløtdyr, skalldyr, selleri, sulfitt, laktose)</i> | kr 325 |
| GRILLET KVEITE <i>Jordskokk, grønnkål & steinsoppsjy</i> <i>(fisk, laktose, sulfitt)</i> | kr 385 |
| GRILLET LAMMELÅR <i>Småpoteter, syltet gulbete & rosmarinsjy</i> <i>(laktose)</i> | kr 365 |
| GRILLET OKSE INDREFILET 200g <i>Spinat, valnøtter & syltet løk</i> <i>(laktose, nøtter, sulfitt, selleri)</i> | kr 410 |
| GRILLET MØRNET ENTRECÔTE 250g <i>Spinat, valnøtter & syltet løk</i> <i>(laktose, nøtter, sulfitt, selleri)</i> | kr 410 |

DESSERTER & OST

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|---|---------------|
| OSTETALLERKEN <i>fire modne oster, toast & noe søtt</i> <i>(laktose, gluten, nøtter)</i> | kr 165 |
| BAKTE PLOMMER <i>Krydderkrem</i> <i>(laktose, egg, gluten)</i> | kr 125 |
| BAKT SJOKOLADEFONDANT <i>Vaniljeis</i> <i>(gluten, egg, laktose, nøtter)</i> | kr 129 |
| MELKESJOKOLADE-GANACHE <i>Tyttebæris</i> <i>(laktose, egg)</i> | kr 125 |

COFFEE & TEA FROM HELMER

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|---|--------------|
| <i>FILTER</i> | <i>kr 38</i> |
| <i>ESPRESSO</i> | <i>kr 38</i> |
| <i>DOBBLE ESPRESSO</i> | <i>kr 45</i> |
| <i>AMERICANO</i> | <i>kr 45</i> |
| <i>CAPPUCINO</i> | <i>kr 49</i> |
| <i>CAFFE LATTE</i> | <i>kr 49</i> |
| <i>DECAF COFFEE</i> | <i>kr 38</i> |
| <i>EARL GREY SORT</i> | <i>kr 38</i> |
| <i>GRØNT BLAD SENCHA</i> | <i>kr 38</i> |
| <i>JASMINE GRØNN</i> | <i>kr 38</i> |
| <i>SNØHETTA HVIT NEEDLE OOLONG MINT</i> | <i>kr 38</i> |
| <i>FISTER JORDBÆR & RIPS</i> | <i>kr 38</i> |

COCKTAILS & AVEC

| | |
|--------------------------------------|---------------|
| <i>TANQUARY & TONIC</i> | <i>KR 120</i> |
| <i>HENDRICK'S & TONIC</i> | <i>KR 145</i> |
| <i>ESPRESSOTINI</i> | <i>KR 115</i> |
| <i>MOSCOW MULE</i> | <i>KR 110</i> |
| <i>DRY MARTINI</i> | <i>KR 145</i> |
| <i>APEROL SPRITZ</i> | <i>KR 135</i> |
| | |
| <i>BAILEYS IRISH CREAM</i> | <i>KR 75</i> |
| <i>DANIEL BOUJU VSOP COGNAC</i> | <i>KR 98</i> |
| <i>MAROLO GRAPPA DI AMARONE 2012</i> | <i>KR 130</i> |

BEERS ON DRAFT

| | |
|----------------------------------|---------------|
| | <i>0,4 L</i> |
| <i>LERVIG PILSNER</i> | <i>kr 98</i> |
| <i>LERVIG LUCKY JACK APA</i> | <i>kr 104</i> |
| | |
| <i>THREE TAPS CHANGE MONTHLY</i> | <i>kr 145</i> |

WINES BY GLASS

| | |
|---|---------------|
| | <i>15 CL</i> |
| <i>NV HENRI DOSNON CHAMPAGNE BRUT</i> | <i>kr 198</i> |
| <i>NV PER SUNDNES BOBLER OVER PROSECCO</i> | <i>kr 135</i> |
| | |
| <i>2016 MEIERER RIESLING</i> | <i>kr 139</i> |
| <i>2018 SEGUINOT-BORDET CHABLIS</i> | <i>kr 160</i> |
| <i>2018 ALPHA ZETA SOAVE CLASSICO</i> | <i>kr 120</i> |
| | |
| <i>2017 PASSO DEL TEMPIO SYRAH (SICILIA)</i> | <i>kr 135</i> |
| <i>2017 LUCIEN MUZARD BOURGOGNE ROUGE</i> | <i>kr 165</i> |
| <i>2017 FÈLSINA BERARDENGA CHIANTI CLASSICO</i> | <i>kr 165</i> |
| | <i>6 CL</i> |
| <i>2015 MEIERER RIESLING AUSLESE (MOSEL)</i> | <i>KR 120</i> |
| <i>2008 QUINTA DO INFANTADO PORT LBV</i> | <i>KR 120</i> |

Please ask for our full wine list!

ALCOHOL FREE

| | | |
|---------------------------------------|-------------|------------------|
| <i>COCA COLA, COCA COLA ZERO</i> | <i>0,33</i> | <i>KR 55</i> |
| <i>GRØNVIK EPLEMOST</i> | <i>0,33</i> | <i>KR 55</i> |
| <i>SAFTERIET</i> | <i>0,33</i> | <i>KR 59</i> |
| <i>ALCOHOL FREE BEER</i> | <i>0,33</i> | <i>KR 65</i> |
| | | |
| <i>RICHARD JUHLIN BLANC DE BLANCS</i> | <i>0,75</i> | <i>KR 375/75</i> |
| | | |
| <i>BLUE NUN WHITE</i> | <i>0,75</i> | <i>KR 375/75</i> |
| | | |
| <i>BLUE NUN RED</i> | <i>0,75</i> | <i>KR 375/75</i> |

SNACKS

| | |
|--------------------------|---------------|
| OLIVES | kr 45 |
| ALMONDS | kr 45 |
| SAUSAGES | kr 55 |
| SMALL CHARCUTERIE | kr 250 |
| LARGE CHARCUTERIE | kr 500 |

BELOVED CLASSICS

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|---|-------------------|
| GRILLED BURGER <i>Aged chees, bacon, ketchup & fries</i> (Wheat, egg, mustard, sulfite, lactose) | kr 245 |
| DEEP FRIED CHICKEN BURGER <i>Kimchi, ketchup & fries</i> (Wheat, egg, mustard, sulfite, lactose) | kr 229 |
| CAESAR SALAD <i>Chicken & bacon</i> (Wheat, egg, mustard, sulfite, lactose) | kr 189 |
| FISH & COWS PIZZA <i>Choose between cured ham & parmesan or spicy salami & arugula</i> (Lactose, sulfite, wheat) | kr 199 |
| RAMEN NOODLES <i>Smoked porkleg, spring onion & egg</i> (Lactose, egg, nuts, wheat, soy) | kr 199 |
| FISH & COWS FISH SOUP <i>Catch of the day</i> (Lactose, fish, shellfish, mollusks) | kr 155/219 |
| BBQ PORK BELLY <i>Tortilla, crispy vegetable & kimchi</i> (Egg, wheat, mustard, sulfite) | kr 185 |

ENTREES

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|---|---------------|
| BEEF TARTAR <i>Pepper mayonnaise, rye & horseradish</i> (Gluten, sulfite, egg) | kr 175 |
| CLIPFISH CARPACCIO <i>Capers, salad & olives</i> (Fish, sulfite) | kr 199 |
| CREAMY MUSHROOME SUOP <i>Smoked scallops & mushrooms</i> (Lactose, sulfite)) | kr 185 |

MAINS

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|--|---------------|
| TODAYS BYCATCH <i>Celeriac pure, shellfish sauce & broccolini</i> (Fish, mollusks, sulfite, shellfish, lactose, celeriac) | kr 325 |
| GRILLED HALIBUT <i>Sunchoke, kale & cep sauce</i> (Fish, sulfite, lactose) | kr 385 |
| GRILLED LEG OF LAMB <i>Potato, pickled beets & rosemary sauce</i> (Sulfite, lactose) | kr 365 |
| GRILLED BEEF TENDERLOIN 200g <i>Spinach, walnuts & pickled onion</i> (Lactose, celeriac, nuts, sulfite) | kr 410 |
| GRILLED MATURED RIB EYE 250g <i>Spinach, walnuts & pickled onion</i> (Lactose, celeriac, nuts, sulfite) | kr 410 |

DESSERTS & CHEESE

| | |
|---|---------------|
| CHEESE PLATE <i>4 mature cheeses, toast & something sweet</i> (Lactose, wheat, nuts) | kr 165 |
| BAKED NORWEGIAN PLUMBS <i>Spiced cream</i> (Egg, lactose, gluten) | kr 125 |
| BAKED CHOCOLATE FONDANT <i>Vanilla ice cream</i> (egg, lactose, wheat, nuts) | kr 129 |
| MILKCHOCOLATE GANACHE <i>Lingonberry ice cram</i> (egg, lactose) | kr 125 |