

KAFFE & TE FRA HELMER

<i>FILTER</i>	<i>kr 38</i>
<i>ENKEL ESPRESSO</i>	<i>kr 38</i>
<i>DOBBEL ESPRESSO</i>	<i>kr 45</i>
<i>AMERICANO</i>	<i>kr 45</i>
<i>CAPPUCCINO</i>	<i>kr 49</i>
<i>CAFFE LATTE</i>	<i>kr 49</i>
<i>KOFFEINFRI</i>	<i>kr 38</i>
<i>EARL GREY SORT</i>	<i>kr 38</i>
<i>GRØNT BLAD SENCHA</i>	<i>kr 38</i>
<i>JASMINE GRØNN</i>	<i>kr 38</i>
<i>SNØHETTA HVIT NEEDLE OOLONG MINT</i>	<i>kr 38</i>
<i>FISTER JORDBÆR & RIPS</i>	<i>kr 38</i>

COCKTAILS & AVEC

<i>TANQUERAY & TONIC</i>	<i>KR 120</i>
<i>HENDRICK'S & TONIC</i>	<i>KR 145</i>
<i>ESPRESSOTINI</i>	<i>KR 115</i>
<i>MOSCOW MULE</i>	<i>KR 110</i>
<i>DRY MARTINI</i>	<i>KR 145</i>
<i>APEROL SPRITZ</i>	<i>KR 135</i>
<i>BAILEYS IRISH CREAM</i>	<i>KR 75</i>
<i>DANIEL BOUJU VSOP COGNAC</i>	<i>KR 98</i>
<i>MAROLO GRAPPA DI AMARONE 2012</i>	<i>KR 130</i>

FATØL

<i>LERVIG PILSNER</i>	<i>kr 98</i>
<i>LERVIG LUCKY JACK APA</i>	<i>kr 104</i>

MÅNEDENS FATØL

<i>TRE FAT SOM SKIFTER</i>	<i>kr 145</i>
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VINER PÅ GLASS

BOBLER	
NV <i>HENRI DOSNON</i> CHAMPAGNE BRUT	<i>kr 158</i>
NV <i>PER SUNDNES</i> BOBLER OVER PROSECCO	<i>kr 135</i>
HVIT/WHITE	
2017 <i>MEIERER</i> RIESLING	<i>kr 139</i>
2018 <i>SEGUINOT-BORDET</i> CHABLIS	<i>kr 160</i>
2018 <i>ALPHA ZETA</i> SOAVE CLASSICO	<i>kr 120</i>

RØD/RED

2017 <i>PASSO DEL TEMPIO</i> SYRAH (SICILIA)	<i>kr 135</i>
2017 <i>LUCIEN MUZARD</i> BOURGOGNE ROUGE	<i>kr 165</i>
2017 <i>FÈLSINA BERARDENGA</i> CHIANTI CLASSICO	<i>kr 165</i>

SØT/SWEET

2015 <i>MEIERER</i> RIESLING AUSLESE (MOSEL)	<i>KR 120</i>
2008 <i>QUINTA DO INFANTADO</i> PORT LBV	<i>KR 120</i>

SPØR GJERNE ETTER VÅRT STORE DRIKKEKART !

ALKOHOLFRITT

<i>BRUS (COCA COLA, COCA COLA ZERO)</i>	<i>0,33</i>	<i>KR 55</i>
<i>RINGI EPLEMOST</i>	<i>0,25</i>	<i>KR 55</i>
<i>SAFTERIET DIVERSE ØKOLOGISK SAFT</i>	<i>0,33</i>	<i>KR 59</i>
<i>ALKOHOLFRITT ØL</i>	<i>0,33</i>	<i>KR 65</i>
<i>RICHARD JUHLIN BLANC DE BLANCS</i>	<i>0,75</i>	<i>KR 375/75</i>
<i>BLUE NUN WHITE</i>	<i>0,75</i>	<i>KR 375/75</i>
<i>BLUE NUN RED</i>	<i>0,75</i>	<i>KR 375/75</i>

SNACKS & SMÅTT

OLIVEN	kr 45
MANDLER	kr 45
ØLPØLSE	kr 55
SPEKEFJØL LITEN	kr 250
SPEKEFJØL STOR	kr 500

KJENT & KJÆRT

GRILLET BURGER <i>vellagret ost, bacon, ketchup & fries</i> <i>(gluten, egg, melk, sulfitt, sennep)</i>	kr 245
FRITERT KYLLINGBURGER <i>kimchi, ketchup & fries</i> <i>(gluten, egg, melk, sulfitt, sennep)</i>	kr 229
CÆSARSALAT <i>kylling & bacon</i> <i>(gluten, egg, melk, sulfitt, sennep, fisk)</i>	kr 195
FISH & COW PIZZA <i>velg mellom spekeskinke & parmesan</i> <i>eller spicy salami & rucicola</i> <i>(gluten, melk, sulfitt)</i>	kr 199
PASTA SURF `N` TURF <i>Krabbe, Nduja & vårløk</i> <i>(skalldyr, gluten, egg, melk)</i>	kr 199
FISH & COWS FISKESUPPE <i>dagens fangst</i> <i>(skalldyr, bløtdyr, fisk, melk)</i>	kr 155/219
GLASERT SVINERIBBE <i>hvetelefse, kimchi & crispy grønnsaker</i> <i>(gluten, sulfitt, nøtter, egg, sennep, peanøtt)</i>	kr 190

FORRETTER

OVNSBAKT BEINMARG <i>Gressløk, timian & surdeigbrød</i> <i>(gluten)</i>	kr 145
KREMET ERTESUPPE <i>Sprøtt fenalår & trøffelvinaigrette</i> <i>(melk, sulfitt, lupin)</i>	kr 165
SPRØ LAKSEWONTON <i>Avokadokrem & ponzu</i> <i>(fisk, gluten, egg, soya)</i>	kr 175

HOVEDRETTER

BAKT LYSING <i>Kålvekster, fennikel & skalldyr smørsaus</i> <i>(fisk, skalldyr, bløtdyr, sulfitt, lupin)</i>	kr 335
BAKT SEI <i>Kål, løk & sellerikrem, Blåskjell saus</i> <i>(fisk, selleri, melk, sulfitt, bløtdyr)</i>	kr 330
GRILLET ANDEBRYST <i>Brokkolini, gulrot & estragon</i> <i>(melk, egg, sennep, sulfitt)</i>	kr 365
GRILLET OKSE INDREFILET 200g <i>Saltbakt potet, sort trompetsopp & rødvinssaus</i> <i>(melk, egg, sennep, sulfitt)</i>	kr 410
GRILLET MØRNET ENTRECÔTE 250g <i>Saltbakt potet, sort trompetsopp & rødvinssaus</i> <i>(melk, egg, sennep, sulfitt)</i>	kr 410

DESSERTER & OST

OSTETALLERKEN <i>Fire modne oster, toast & noe søtt</i> <i>(melk, gluten, nøtter)</i>	kr 165
LAKRIS BRÛLÈE <i>Solbærsorbet & kjørvel</i> <i>(melk, egg, gluten, nøtter)</i>	kr 125
BAKT SJOKOLADEFONDANT <i>Vaniljeis</i> <i>(melk, egg, laktose, nøtter)</i>	kr 129
MYK SJOKOLADEKREM <i>Karamellis, oliven olje & Maldon salt</i> <i>(gluten, egg, melk, nøtter)</i>	kr 129

COFFEE & TEA FROM HELMER

<i>FILTER</i>	<i>kr 38</i>
<i>ESPRESSO</i>	<i>kr 38</i>
<i>DOBBLE ESPRESSO</i>	<i>kr 45</i>
<i>AMERICANO</i>	<i>kr 45</i>
<i>CAPPUCCINO</i>	<i>kr 49</i>
<i>CAFFE LATTE</i>	<i>kr 49</i>
<i>DECAF COFFEE</i>	<i>kr 38</i>
<i>EARL GREY SORT</i>	<i>kr 38</i>
<i>GRØNT BLAD SENCHA</i>	<i>kr 38</i>
<i>JASMINE GRØNN</i>	<i>kr 38</i>
<i>SNØHETTA HVIT NEEDLE OOLONG MINT</i>	<i>kr 38</i>
<i>FISTER JORDBÆR & RIPS</i>	<i>kr 38</i>

COCKTAILS & AVEC

<i>TANQUERAY & TONIC</i>	<i>KR 120</i>
<i>HENDRICK'S & TONIC</i>	<i>KR 145</i>
<i>ESPRESSOTINI</i>	<i>KR 115</i>
<i>MOSCOW MULE</i>	<i>KR 110</i>
<i>DRY MARTINI</i>	<i>KR 145</i>
<i>APEROL SPRITZ</i>	<i>KR 135</i>
<i>BAILEYS IRISH CREAM</i>	<i>KR 75</i>
<i>DANIEL BOUJU VSOP COGNAC</i>	<i>KR 98</i>
<i>MAROLO GRAPPA DI AMARONE 2012</i>	<i>KR 130</i>

BEERS ON DRAFT

	<i>0,4 L</i>
<i>LERVIG PILSNER</i>	<i>kr 98</i>
<i>LERVIG LUCKY JACK APA</i>	<i>kr 104</i>
<i>THREE TAPS CHANGE MONTHLY</i>	<i>kr 145</i>

WINES BY GLASS

	<i>15 CL</i>
<i>NV HENRI DOSNON CHAMPAGNE BRUT</i>	<i>kr 158</i>
<i>NV PER SUNDNES BOBLER OVER PROSECCO</i>	<i>kr 135</i>
<i>2017 MEIERER RIESLING</i>	<i>kr 139</i>
<i>2018 SEGUINOT-BORDET CHABLIS</i>	<i>kr 160</i>
<i>2018 ALPHA ZETA SOAVE CLASSICO</i>	<i>kr 120</i>
<i>2017 PASSO DEL TEMPIO SYRAH (SICILIA)</i>	<i>kr 135</i>
<i>2018 LUCIEN MUZARD BOURGOGNE ROUGE</i>	<i>kr 165</i>
<i>2017 FÈLSINA BERARDENGA CHIANTI CLASSICO</i>	<i>kr 165</i>
	<i>6 CL</i>
<i>2015 MEIERER RIESLING AUSLESE (MOSEL)</i>	<i>KR 120</i>
<i>2008 QUINTA DO INFANTADO PORT LBV</i>	<i>KR 120</i>

Please ask for our full wine list!

ALCOHOL FREE

<i>COCA COLA, COCA COLA ZERO</i>	<i>0,33</i>	<i>KR 55</i>
<i>RINGI EPLEMOST</i>	<i>0,25</i>	<i>KR 55</i>
<i>SAFTERIET</i>	<i>0,33</i>	<i>KR 59</i>
<i>ALCOHOL FREE BEER</i>	<i>0,33</i>	<i>KR 65</i>
<i>RICHARD JUHLIN BLANC DE BLANCS</i>	<i>0,75</i>	<i>KR 375/75</i>
<i>BLUE NUN WHITE</i>	<i>0,75</i>	<i>KR 375/75</i>
<i>BLUE NUN RED</i>	<i>0,75</i>	<i>KR 375/75</i>

SNACKS

OLIVES	kr 45
ALMONDS	kr 45
SAUSAGES	kr 55
SMALL CHARCUTERIE	kr 250
LARGE CHARCUTERIE	kr 500

BELOVED CLASSICS

GRILLED BURGER <i>Aged cheese, bacon, ketchup & fries</i> (Wheat, egg, mustard, sulfite, lactose)	kr 245
DEEP FRIED CHICKEN BURGER <i>Kimchi, ketchup & fries</i> (Wheat, egg, mustard, sulfite, lactose)	kr 229
CAESAR SALAD <i>Chicken & bacon</i> (Wheat, egg, mustard, sulfite, lactose)	kr 195
FISH & COW PIZZA <i>Choose between cured ham & parmesan or spicy salami & arugula</i> (Lactose, sulfite, wheat)	kr 199
PASTA SURF `N` TURF <i>Brown crab, Nduja & spring onion</i> (Lactose, egg, shellfish, wheat)	kr 199
FISH & COWS FISH SOUP <i>Catch of the day</i> (Lactose, fish, shellfish, mollusks)	kr 155/219
GLACED PORK BELLY <i>Tortilla, crispy vegetable & kimchi</i> (Egg, wheat, mustard, sulfite, peanuts)	kr 189

ENTREES

ROASTED BONE MARROW <i>Chive, thyme & sour dough bread</i> (Wheat, sulfite)	kr 145
CREAMY PEA SOUP <i>Cured lamb & truffle vinaigrette</i> (Lactose, sulfite, lupine)	kr 165
CRISPY SALMON WONTON <i>Avocado cream & ponzu</i> (Lactose, fish, wheat, egg, soya)	kr 175

MAINS

BAKED HAKE <i>Kale, fennel & shellfish butter sauce</i> (Fish, shellfish, mollusks, sulfite, lactose, lupine)	kr 335
BAKED PULLOCK <i>Kale, onion & celeriac pure, mussels sauce</i> (Fish, lactose, sulfite, mollusks, celery)	kr 330
GRILLED DUCK BREAST <i>Broccolini, carrot & tarragon</i> (Lactose, egg, mustard, sulfite)	kr 365
GRILLED BEEF TENDERLOIN 200g <i>Salt baked potato, mushroom & gravy</i> (Lactose, egg, mustard, sulfite)	kr 410
GRILLED MATURED RIB EYE 250g <i>Salt baked potato, mushroom & gravy</i> (Lactose, egg, mustard, sulfite)	kr 410

DESSERTS & CHEESE

CHEESE PLATE <i>4 mature cheeses, toast & something sweet</i> (Lactose, wheat, nuts)	kr 165
LICORICE BRÛLÉE <i>Black currant sorbet & chervil</i> (Egg, lactose, wheat, nuts)	kr 125
BAKED CHOCOLATE FONDANT <i>Vanilla ice cream</i> (Egg, lactose, wheat, nuts)	kr 129
CHOCOLATE CREAM <i>Caramel ice cream, olive oil & Maldon salt</i> (Egg, lactose, wheat, nuts)	kr 129